

# AVOIDING UNNECESSARY MENTAL HEALTHCARE COSTS



Spend on mental health treatment reached \$225 billion in 2019.<sup>1</sup> Amwell's Comprehensive Behavioral Health program can help your organization reduce unnecessary costs associated with mental healthcare, and simultaneously increase access to needed care.

## ELIMINATE UNNECESSARY EMERGENCY ROOM COSTS

Emergency department (ED) visits for mental and substance use disorders cost \$14.6 billion in 2017, equating to nearly 20% of the total for all ED visits.<sup>2</sup> Amwell Psychiatric Care (APC) can help reduce costs associated with boarding psychiatric patients.

Behavioral health ED patients per day	Average hours spend in ED per patient <sup>3</sup>	Total cost per patient per hour	Total cost per day
X	_____	X	=

  

Behavioral health ED patients per day	Average Time to Consult	Total cost per patient per hour	Total cost per day
X	_____	X	=

Average % of Patients Discharged or Admitted to an inpatient Psych Unit



HOVER OVER THE GRAPHIC TO LEARN MORE

1. Open Minds, The U.S. Mental Health Market, 2020.
2. Agency for Healthcare Quality and Research
3. Healthcare Business Today, 2019
4. Premier, Ready, Risk, Reward: Improving Care for Patients with Chronic Conditions.



## WHAT IS APC?

Amwell Psychiatric Care offers telepsychiatry services through a national telehealth medical group:

- 20+ years of experience
- 24/7/365 coverage
- Board-certified psychiatrists
- Accredited by the Joint Commission

APC is commonly used in:

- Emergency departments
- Acute inpatient medical floors
- Inpatient psychiatric units
- Outpatient care

# AVOIDING THE ED ALTOGETHER



Mental health is the biggest driver of unnecessary ED use. By eliminating unnecessary mental health ED visits, hospitals can save more than \$4.5 billion annually.<sup>4</sup> Providing patients with the tools—and access—needed to better manage their mental health before an acute episode is a critical first step.



HOVER OVER THE PHOTOS TO LEARN MORE

DIGITAL MENTAL HEALTH  
+ OPTIONAL COACH

LONGITUDINAL THERAPY

PSYCHIATRY

AUTOMATED CARE

LOW ACUITY

HIGH ACUITY

## WHAT IS AMG?

Amwell Medical Group is a national telehealth, specialty medical group staffed with board-certified and licensed providers, including psychiatrists, psychologists and therapists.

1. Open Minds, The U.S. Mental Health Market, 2020.  
2. Agency for Healthcare Quality and Research  
3. Healthcare Business Today, 2019  
4. Premier, Ready, Risk, Reward: Improving Care for Patients with Chronic Conditions.